



Invitation to the

**European Championships
in Heavy Athletics
(Rasenkrachtsport)**

Women + Men
15./16. September 2001



Munich

Dante-Stadion (Dante-Stadium)

1. Organization

Promoter: German „Rasenkraftsport- und Tauziehverband e.V.“
 Bavarian „Rasenkraftsport- und Tauziehverband e.V.“

Organizer: Förderkreis für Rasenkraftsport e.V.

Local Organizer: Werfer-Club 95 München

Venue:

Dante-Stadion,
 Dantestr. 14, Munich
 Underground: U1 Westfriedhof



Organizing Committee:

Helmut Metschl
 Gärtnerstr. 50, 80992 München
 Phone: 0049-89-140 44 60
 FAX: 0049-89-55 29 58 00
 e-mail: Helmut.Metschl@mnet-online.de
 www.euro-rks.de



How to get there by car:

Munich; take the city-circular „Mittlerer Ring“; use exit „Dachauerstraße“; follow „Dachauerstraße“ via out of town; turn left into „Baldurstraße“ at the 2. traffic-lights; turn left after 300 m into „Dantestraße“; you will see the Date-Stadium after 150 m on the left.

Jury: Werner Kiener, Heidenheim
 Dieter Wolf, Neuss
 Klaus Schneider, München

Head of Jury: Frank Peter, Augsburg

Liability: The promoter and the organizer do not take liability for accidents, theft or other damage occurring.

2.Competition Rules and Information

General Information:

This event is subject to the competition rules (*WKO-R*) and the rules and regulations of the *DRTV*. They can be looked at on site in the organizers' office.

(WKO-R = Wettkampfordnung-Rasenkraftsport: German competition rules of „Rasenkraftsport“)

(DRTV = Deutscher Rasenkraftsport- und Tauziehverband e.V.: German Federation for „Rasenkraftsport“ and „Tug-of-War“)

Events:

**European Championships
triathlon**
(hammer-throwing, weight-throwing, stone-putting)

There are the following weight-classes:

Women	Featherweight	-58 kg
	Lightweight	-68 kg
	Middleweight	-78 kg
	Heavyweight	+78 kg
Men	Featherweight	-71 kg
	Lightweight	-77 kg
	Middleweight	-83 kg
	Ligth-heavyweight	-90 kg
	Heavyweight	-98 kg
	Super-heavyweight	+98 kg

Scoring:

1. To ascertain the final results achieved by athletes in the triathlon, the following rating is used as basis. 1.000 points are given for:

64.00 m	throwing the hammer	(1 point = 6,4 cm)
25.00 m	throwing the weight	(1 point = 2,5 cm)
12.00 m	putting the stone	(1 point = 1,2 cm)

2. Only full points are used for the rating, if necessary the results achieved have to

- be rounded down.
3. If two or more athletes achieve the same number of points, the body-weight is taken into account. The athlete with less or least body-weight is given preference regarding the position.
 4. If the athletes also have the same body-weight, both are placed at the same position.

Every athlete has four attempts in each event.

European Championships Team triathlon

The results for the team are ascertained as follows:

Women

1. A women's team consists of four athletes of one nation.
2. Three athletes of a team are allowed to have a body-weight of 210 kg altogether. For one athlete out of the four, there are no restrictions in body-weight, the athlete is given a „wild card“.
3. A women's team can only score if minimum three athletes take part in the competition.
4. If only three athletes take part in the competition, one of them still gets a „wild card“ and has no restrictions in body-weight.

Men

1. A men's team consists of six athletes of one nation.
2. Five athletes of a team are allowed to have a body-weight of 420 kg altogether. For one athlete out of the six, there are no restriction in body-weight, the athlete is given a „wild card“.
3. A team can only score if minimum four athletes take part in the competition.
4. If less than six athletes take part, one of them still gets a „wild card“ and has no restrictions in body-weight.

Of each nation 2 teams may participate in the competition.

Participation:

Liable for participation are the following athletes:

Germany: Athletes are nominated by the German federation. Permission to take part is given if athletes achieve the necessary qualification in 2001. German athletes need a valid DRTV-pass to enter the competitions.

Athletes from abroad: Foreign athletes are nominated by the relevant athletics federation. Athletes may register also by themselves, if they provide information on personal bests in the triathlon (or hammer-throwing). If foreign athletes cannot prove results in the triathlon, their results in hammer-throwing are taken into account to check the qualification.

Qualifications Women			
<i>Event</i>	<i>Class</i>	<i>Germany</i>	<i>Europe</i>
Triathlon	- 58 kg	2.150 points	No qualification needed (hammer-throwing: 35.00m)
Triathlon	- 68 kg	2.300 points	No qualification needed (hammer-throwing: 39.00m)
Triathlon	- 78 kg	2.500 points	No qualification needed (hammer-throwing: 42.00m)
Triathlon	+78 kg	2.800 points	No qualification needed (hammer-throwing: 45.00m)

Qualifications Men			
<i>Event</i>	<i>Class</i>	<i>Germany</i>	<i>Europe</i>
Triathlon	-71 kg	1.900 points	No qualification needed (hammer-throwing: 40.00m)
Triathlon	-77 kg	2.050 points	No qualification needed (hammer-throwing: 45.00m)
Triathlon	-83 kg	2.250 points	No qualification needed (hammer-throwing: 50.00m)
Triathlon	-90 kg	2.450 points	No qualification needed (hammer-throwing: 55.00m)
Triathlon	-98 kg	2.750 points	No qualification needed (hammer-throwing: 60,00m)
Triathlon	+98 kg	3.100 points	No qualification needed (hammer-throwing: 65.00m)

(in brackets: results in hammer-throwing required)

Every nation can nominate maximum 3 athletes in each weight-class. German athletes must participate in the German championships in Augsburg.

(Germany: if more than 3 athletes achieve the qualification, the positions at the German championships are taken into account.)

If less than 8 athletes are registered in a weight-class, the organizing committee can additionally enter athletes of one or more nations, who achieved the qualification, until the number of participants reaches 8.

Extra competition:

Putting the stone (Men + Women)

1. The event of putting the stone is an extra competition and has no weight-classes.
2. Liable for participation is every athlete, who achieved the qualification.
3. Every athlete takes part in a trial competition with 3 attempts. The 8 best athletes take part in the finals and have 3 additional attempts.
4. If athletes achieve the same results, the second best attempt of each athlete is taken into account.

Qualifications: Men 11,00 m
Women 11,50 m

Timetable:

Friday 14.09.2001
Arrival of the athletes

Saturday 15.09.2001

<i>Category</i>	<i>Weighing-time</i>	<i>Time</i>	<i>Event</i>
Men - 71 kg triathlon	08:00 - 09:00	10:00	weight/stone/hammer
Men - 83 kg triathlon	08:00 - 09:00	10:00	stone/hammer/weight
Men - 98 kg triathlon	08:00 - 09:00	10:00	hammer/weight/stone
Women - putting the stone		13:00	putting the stone
Men - 77 kg triathlon	13:00 - 14:00	15:00	stone/hammer/weight
Men - 90 kg triathlon	13:00 - 14:00	15:00	weight/stone/hammer
Men + 98 kg triathlon	13:00 - 14:00	15:00	hammer/weight/stone

Sunday 16.09.2001

<i>Category</i>	<i>Weighing-time</i>	<i>Time</i>	<i>Event</i>
Women - 58 kg triathlon	09:00 - 10:00 Uhr	11:00 Uhr	stone/weight/hammer
Women - 78 kg triathlon	09:00 - 10:00 Uhr	11:00 Uhr	hammer/stone/weight
Men - putting the stone		13:00 Uhr	putting the stone
Women -68 kg triathlon	12:00 - 13:00 Uhr	14:00 Uhr	weight/stone/hammer
Frauen +78 kg triathlon	12:00 - 13:00 Uhr	14:00 Uhr	hammer/weight/stone

Starting numbers:

Every athlete receives only one number. It has to be worn on the back during the competition.

Weighing / assembly point:

The athlete has to be weighed at the announced time and has to hand in his or her start card. Pre-weighing to check the expected weight-class is allowed, but has to be announced to the jury before stepping onto the scales. Weighing after the announced time is not allowed. Additionally, one coach may accompany the athletes during weighing. Athletes can only participate in the events if the

weight-class is ascertained at the given time. Athletes who have not been weighed are not allowed to participate in the competition.

To participate in the extra event putting the stone, the start card has to be handed in at the assembly point 1,5 hours before the beginning of the event.

Athletic implements:

All athletic implements needed in this competition are provided by the local organizer. The use of own athletic implements is allowed if they adhere to the regulations of the WKO-R (see appendix).

Trial attempts:

Before each event, athletes are allowed maximum two trial attempts on site. These are supervised by the jury and are done according to the order given on the list of entries.

Awards:

1. The presentation ceremonies take place after the relevant events (triathlon or individual events) have been finished.
2. Athletes on the first three positions receive medals, all participants receive diplomas.
3. All athletes have to be ready for the presentation ceremony after their event has been finished.

Sportswear:

1. Athletes have to wear clean sportswear for the events.
2. Each national team should be uniformly dressed, if possible.

Security:

Throughout the trial attempts and during the events, athletes may only proceed with their attempts if it is certain that no other persons are endangered.

Doping-control:

Doping-control is done according to international rules.

Doping-control is performed on excretory products of athletes. Athletes and coaches have to allow doping-control. Medication taken within 48 hours before the doping-control have to be named by the athlete to be taken down in the minutes of the doping-control.

If athletes refuse doping-control, if they are guilty of thwarting doping-control or if they manipulate the pharmacological, chemical or physical examination of urine samples or the doping-control, they are treated as if their doping-control has proven positive.

3. Terms for entries

Entry:

Entries are to be made in writing to the organizing committee on the enclosed registration form.

Address: (see page 2)

Helmut Metschl
Gärtnerstr. 50
D-80992 München
Helmut.Metschl@mnet-online.de

Closing date for entries: 1. August 2001

Entry fee:	Triathlon	DM 30,00
	Putting the stone	DM 15,00

The entry fee is due upon registration and has to be transferred onto the following account:

Förderkreis für Rasenkraftsport
BLZ 70020270
Hypo-Vereinsbank München
Konto-Nr. 46284100

Please let us know as soon as possible if you wish to participate. This helps us as organizers of the competition tremendously.

4. Further information

If possible, accomodation is provided for foreign athletes and coaches by the organizer.

After the organizer has received the entry form, a confirmation of the registration will be sent. It includes information about the arrival dates and further information.

Information on tourism and accomodation:

Fremdenverkehrsamt München
Sendlinger Straße 1, 80331 München
Phone: 0049-89-2330300 Fax:0049-89-23330233
E-mail: tourismus@muenchen.btl.de
Internet: www.muenchen.de



HAMMER	Women	Men
Weight, total, minimum	4,000 kg	7,260 kg
Length (measured from the inside of the handle) minimum maximum	116,0 m 119,5 m	117,0 cm 121,5 cm
Hammer-head diameter minimum maximum	95 mm 110 mm	110 mm 130 mm
Center of gravity of hammer-head	The center of gravity must not be further away than 6 mm from the center of the hammer-head. The hammer-head (without grip and linking wire) must remain in balance on a horizontal, sharp-edged and circular opening of 12 mm in diameter.	
Linking wire (steel wire) Diameter, minimum	3 mm	3 mm

Weight throwing is only done two-armed

Weight	Frauen	Männer
Weight, total, minimum	5,000 Kg	12,500 kg
Length (measured from the inside of the handle) maximum	50 cm	50 cm
Weight-head Diameter minimum	100 mm	130 mm
Center of gravity of the hammer-head	The center must not be further away than 10 mm from the center of the hammer-head. The hammer-head (without grip and linking wire) must remain in balance on a horizontal, sharp-edged and circular opening of 20 mm in diameter.	
Linking chain	The handle is linked to the shot by a chain. The eye linking the chain to the shot has to be fixed flexibly (rotation of the eye must be possible). Other loose parts (e.g. nuts to compensate for missing weight) are not allowed.	

Stone <small>consists of iron or other hard metal. The shape must be like a brick.</small>	Women	Men
Weight minimum	5,000 kg	15.000 kg
Length (measured from the inside of the handle) minimum maximum	10,5 cm 12,5 cm	15,5 cm 17,5 cm
Height minimum maximum	7,0 cm 9,0 cm	12,5 cm 14,5 cm
Width minimum maximum	6,5 cm 8,5 cm	08,5 cm 10,5 cm